

Cynulliad Cenedlaethol Cymru | National Assembly for Wales  
Datblygu Bil Aelod | Development of Member Bill  
Y Bil Awtistiaeth (Cymru) - Datblygu'r Bil | The Autism (Wales) Bill - Bill Development  
DMB(5) AWB06  
Ymateb gan Di-enw | Evidence from Anonymous

I am autistic adult which I was diagnosed in January 2017 which took me over four years to be diagnosed with autism spectrum disorders. I have been bouncy for services and health professionals and social services and I given a hard time at present having autism because local Cardiff and Vale uhb doesn't have neuro development for adult which I think would be beneficial.

Also with Cardiff and Vale uhb there is an autistic nurse which she doesn't see autistic people which I think it is not right to have her in the job and can't access her if needed.

I currently have no support service or no help when in sensory overload and people end up phoning the police as well. The police put lots of vulnerable adults from within Vale of Glamorgan vulnerable adult and it doesn't go anywhere. I get promised will be service but Vale of Glamorgan social service refusing even a united assessment of needs which have changed.

I have ended up in accident and emergency unit all the time and the liaison psychiatrist said that it is not the best place for me as it is too noisy and send me home all the time.

I would also like a copy of any documents and consultation and I would like to speak to someone about my experience being diagnosed with autism as an adult.

I would like highlights that the national autistic society local branch don't allow adults with autism to access their services as well.

Currently I have no support for being diagnosed by the community mental health team at Amy Evans centre as they don't have an autism service.

I also think there should be for every individual a social worker given to autism adults how to live in the community without family support. Vale of Glamorgan council social services doesn't see adult with autism need support as I have been left with no support now.

With Cardiff and Vale uhb there should be a crisis support unit for both adults and children and they can access this directly after having been diagnosed. To get help and support when needed or a place of safety when they have a sensory overload and a crisis support worker come out to them for support via at home or a safe environment but in a mental health ward which doesn't understand.

When I was signposted to another service you just given a book told to read it. This what happened to me by Vale of Glamorgan council adult autism advice I was given one meeting for an hour told to go away that all support they were going to give me.

When I was diagnosed at Amy Evans community mental health centre I was only given two appointments and on the second was told that I had autism spectrum disorders and given a referral and discharged back in Cardiff and Vale uhb adult neuroscience department which with Cardiff and Vale uhb adult neuroscience department they don't have a neuro development unit for adult diagnosis with autism. I think my experience they need this with Cardiff and Vale uhb adult neuroscience department.

There are no clear pathways for adults how have been via newly diagnosed with a year or two and have currently have it.

There is a need for lots of training with Cardiff and Vale uhb for adults with autism with neuroscience department and seem children's services have everything for neuro development and neuroscience don't have anything neuro development for adults which seems really unfair what services they can access.

At present I find a huge amount of barriers within Cardiff and Vale uhb with neuroscience department not having a neuro development which affects all adults with Cardiff and Vale uhb adult neuroscience have the specialist for neuro development which this lack within Cardiff and Vale health board too.

When autistic adults put in complaints they don't listen to autistic adults' concerns with Cardiff and Vale health board too. They just push under the carpet saying that person has autism how they think which is not the truth all the time.

I would like to speak to someone about my experience and how I am treated as an adult with autism spectrum disorders with Cardiff and Vale uhb and with health professionals too.

I am willing to come to the Welsh assembly building for a face-to-face meeting with you who treat newly diagnosed adults with autism.